

♩ = 110 (Tempo can be varied)

Captain or designee R ft shoulder width on count 3

A

f r sim l sim r sim l sim

7

r sim l sim r sim l sim r sim l sim

13

r sim l sim r sim l sim r sim l sim

18

r sim l sim r sim l sim r l r l r l Captain or designee

B

Feet together - normal mark time

r sim l sim r sim l sim r l l r r R l l R l l R l l r sim

27

l sim r sim l sim r l l r r R l l R l l R l l Captain or designee

C

Rests and quarter notes with accents

41

Rests and quarter notes with accents Captain or designee

49

r sim l sim r sim l sim r sim l sim r sim l sim D

53

57

61

64

E

73

F

82

85

89