

♩ = 110 (Tempo can be varied)

Captain or designee

**A**

*f* R ft shoulder width on count 3 r sim l sim r sim l sim

7

13

18

l sim l sim r sim l sim r l r l r l Captain or designee

**B** Feet together - normal mark time

r sim l sim r sim l sim r r l l r r L R l l R l l r sim

27

l sim r sim l sim r r l l r r L R l l R l l Captain or designee

**C**

41

l sim r sim l sim r r l l r r L R l l R l l Captain or designee

49

**D**

53

57

61

64

**E**

73

**F**

82

85

89

92

Musical notation for a piano exercise, measures 92-95. The notation is on a single staff with a treble clef. It consists of four measures of music. Each measure contains a sequence of eighth notes, with a dynamic marking below the staff and an accent (>) above each note. The dynamic markings are *f* (forte) at the beginning of measure 92, *ff* (fortissimo) at the beginning of measure 93, and *fff* (fortississimo) at the beginning of measure 94. The sequence of notes in each measure is: G4, A4, B4, C5, B4, A4, G4. The piece concludes with a double bar line at the end of measure 95.